In the wake of the Indian Ocean tsunami of 2004, the world turned its attention to a new phenomenon in the study of trauma and resilience. The Tsunami Girl, by Tsunami survivor and photographer Yoko Hatta, provides a rare and personal account of the aftermath of this devastating event. The book chronicles the author's journey from the immediate aftermath of the tsunami to her eventual recovery and return to Japan.

Hatta's story is not just one of survival, but also one of healing. Shealing through the pain and trauma of losing loved ones, her book serves as a powerful testament to the human spirit's ability to overcome even the most devastating of circumstances. The Tsunami Girl is a moving story that will touch the hearts of readers around the world.

By sharing her experience, Hatta hopes to provide others with hope and encouragement, reminding them that even in the face of such immense suffering, there is always a way forward. The Tsunami Girl is a must-read for anyone interested in understanding the human experience of trauma and the journey towards recovery.

In summary, The Tsunami Girl is a deeply moving account of one woman's journey through the pain and trauma of the Indian Ocean tsunami. Through her words and images, Hatta provides a glimpse into the lives of those affected by this devastating event, offering hope and encouragement to others who may be struggling with their own challenges.

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The book is available for purchase on Amazon and other online retailers. You can also find it in libraries and bookstores around the world. By supporting this important work, you are helping to spread the message of healing and hope to others who may be struggling with trauma and recovery.
Prologue. Insanity and religion -- Part I. Sanctified insanity: between history and psychology -- The paradox that shall be antiquity -- Meanings of insanity -- Part II. Abnormality and social change: early Christianity vs. rabbinic Judaism -- Abnormality and social change -- Socializing nature: the ascetic totem -- Epilogue.

Psychology, religion, and social change

The Book of Calamities

Running Wild

The Shadow of the Tsunami

Impacts and Policy in the Shadow of Civil War

Sit Down and Dialogue with Yourself

And the Growth of the Relational Mind

Dancing Between Hope and Despair

Emergent Properties of the Interpersonal Field

Death and Life in Japan's Disaster Zone